

MARCH PERENNIAL (SENIOR) MEALS

\$14.00

Meals include Entrée, 2 Sides and "Sweet Tooth"

Tuesday, March 5

Cottage Pie (Beef)
Boneless Pork Loin Chop, Mac & Cheese,
Green Beans

Tuesday, March 12

Turkey, Mashed Sweet Potatoes, Carrots
Chicken Piccata, Pasta, Carrots

Tuesday, March 19

Chicken Salad, Orzo Salad, Greek Salad
Shrimp Scampi, Angel Hair Pasta, Zucchini

Tuesday, March 26

Beef Brisket, Potatoes Boursin, Broccoli
Chicken Parmesan

Thursday, March 7

Tuscan Chicken, Pasta, Zucchini
Tilapia, Rice, Zucchini

Thursday, March 14

Corned Beef, Cabbage, Colcannon Potatoes
Lasagna Roll w/ Spinach & Artichokes w/
Roasted Vegetable, Roll

Thursday, March 21

Stuffed Shells with Meatball & Sausage,
Salad
Crab Cake, Macaroni Salad & Cole Slaw

Thursday, March 28

Roast Lamb, Potato Casserole, Peas
Sesame Ginger Salmon

**Orders for Tuesday MUST be in by Monday NOON. Orders
for Thursday MUST be in by Wednesday NOON.**

PICK UP ON TUESDAY & THURSDAY 3PM to 6PM

To order call: 610-550-1424

www.dottysgourmetkitchen.com



2058 S. Sproul Rd, Broomall