

FEBRUARY PERENNIAL (SENIOR) MEALS

\$14.00 each

Meals include Entrée, 2 Sides and “Sweet Tooth”

Thursday, February 1

Chicken Parmesan or Baked Ham w/ Mashed Sweet Potatoes and Broccoli

Tuesday, February 6

Roast Pork or Chicken Marsala
Yukon Potatoes, Carrots

Tuesday, February 13

Shrimp Salad, Cole Slaw, Macaroni Salad
Tuscan Chicken, Roasted Potatoes,
Zucchini

Tuesday, February 20

Honey Garlic Chicken or Maple Salmon
Wild Rice, Peas & Mushrooms

Tuesday, February 27

Meatloaf or Chicken Tortellini Alfredo
Mashed Potatoes, Caesar Salad

Thursday, February 8

Cheeseburger, Potato Salad, Greek Orzo
Salad
Turkey, Mashed Potatoes, Green Beans

Thursday, February 15

Spaghetti with Meatball & Sausage, Salad
Crab Cake, Macaroni & Cheese, Broccoli

Thursday, February 22

Baked Lemon Cod or Beef Brisket
Potato Casserole, Roasted Vegetables

Thursday, February 29

Sausage Scallopini or BBQ Chicken Leg &
Thigh, Rice Pilaf, Peas & Carrots

**Orders for Tuesday MUST be in by Monday NOON. Orders
for Thursday MUST be in by Wednesday NOON.**

PICK UP ON TUESDAY & THURSDAY 3PM to 6PM

To order call: 610-550-1424

www.dottysgourmetkitchen.com



2058 S. Sproul Rd, Broomall